



Patient Registration

(Please complete all pages. Thank you.)

PATIENT INFORMATION

PATIENT NAME (Last, First, Middle Initial)		EMAIL ADDRESS	
ADDRESS		SOCIAL SECURITY NUMBER	DATE OF BIRTH
CITY	STATE ZIP		
HOME TELEPHONE NUMBER	CELL TELEPHONE NUMBER	WORK PHONE NUMBER	MALE FEMALE (circle one)
FAMILY PHYSICIAN	MARTIAL STATUS	OCCUPATION/EMPLOYER	

Would you like to join our email list to receive news, updates and specials? Yes/No

How did you hear about us? Check one. Doctor _____ Advertisement _____
 Friend/Relative (who?) _____ Other _____

WHO IS FINANCIALLY RESPONSIBLE FOR TREATMENT?

___ Myself ___ My Spouse ___ My Parent(s)

INSURANCE INFORMATION

Primary Insurance Company:	Secondary Insurance Company:
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Please give your insurance card/cards to the receptionist so they can make a copy for your record.

POLICY HOLDER'S INFORMATION (If NOT the patient)

NAME	RELATIONSHIP TO PATIENT	EMPLOYER
ADDRESS (if different from above)		DATE OF BIRTH
CITY	STATE ZIP	HOME TELEPHONE (if different from above)

EMERGENCY CONTACT

NAME (Last, First, Middle Initial)	RELATIONSHIP TO PATIENT
ADDRESS	CITY STATE ZIP TELEPHONE #

Patient History

1. Describe the current problem that brought you here?

2. When did your problem first begin? ___ months ago or ___ years ago.

3. Was your first episode of the problem related to a specific incident? Yes/No
Please describe and specify date

4. Since that time is it: staying the ___ same ___ getting worse ___ getting better. Why or How?

5. If pain is present rate pain on a 0-10 scale, 10 being the worst. ___ Describe the nature of the pain (i.e. constant burning, intermittent ache) _____

6. Describe previous treatment/exercises

7. Activities/events that cause or aggravate your symptoms. Check/circle all that apply.

- | | |
|--|---|
| <input type="checkbox"/> Sitting greater than ___ minutes | <input type="checkbox"/> With cough/sneezes/straining |
| <input type="checkbox"/> Walking greater than ___ minutes | <input type="checkbox"/> With laughing/yelling |
| <input type="checkbox"/> Standing greater than ___ minutes | <input type="checkbox"/> With lifting/bending |
| <input type="checkbox"/> Changing positions (i.e. – sit to stand) | <input type="checkbox"/> With cold weather |
| <input type="checkbox"/> Light activity (light housework) | <input type="checkbox"/> With triggers –running water/key in door |
| <input type="checkbox"/> Vigorous activity/exercise (run/weight lift/jump) | <input type="checkbox"/> With nervousness/anxiety |
| <input type="checkbox"/> Sexual activity | <input type="checkbox"/> No activity affects the problem |
| <input type="checkbox"/> Other, please list _____ | |

8. What relieves your symptoms?

9. How has your lifestyle/quality of life been altered/changed because of this problem?

Social activities (exclude physical activities), specify _____

Diet/Fluid intake, specify _____

Physical activity, specify _____

Work, specify _____

Other _____

10. What are your treatment goals/concerns?

11. **Since the onset of your current symptoms have you had:**

Y/N Fever/Chills

Y/N Unexplained weight change

Y/N Dizziness or fainting

Y/N Change in bowel or bladder functions

Y/N Malaise (unexplained tiredness)

12. Bladder/Bowel Habits/Problems

Y/N Trouble initiating urine stream

Y/N Unexplained muscle weakness

Y/N Night pain/sweats

Y/N Numbness/ Tingling

Other/describe _____

Y/N Urinary intermittent/slow stream

Y/N Trouble emptying bladder
 Y/N Difficulty stopping urine stream
 Y/N Trouble emptying bladder completely

Y/N Straining or pushing to empty bladder
 Y/N Dribbling after urination
 Y/N Constant urine leakage

13. Do you have or have you had any of the following?

	Now	Past		Now	Past
Dizziness/ Vertigo			Diabetes		
Stroke			Arthritis		
Severe headaches			Osteoporosis		
Blurred Vision					
Double Vision			High blood pressure		
Ringing in your ears			Shortness of breath		
Nausea			Asthma		
Epilepsy			Chronic Bronchitis		
Multiple Sclerosis					
			Irregular heartbeat		
			Chest Pain		
Depression			Heart disease		
Chemical Dependency			Heart Attack		
Fever			Pacemaker		
Confusion			Congestive Heart Failure		
Pain in Calves			Peripheral Vascular Disease		
Muscle Pain			Thrombophlebitis		
Fatigue			Anemia		
Skin Disorder			Hemophilia		
Smoker How many Packs a day? _____			Cancer Please list type _____		
			Thyroid problems		
Tuberculosis			Kidney/ Bladder Problems		
Hepatitis C			Liver Problems		
Acquired Immune Deficiency/ HIV			Abdominal pain/discomfort		
Hepatitis B			Ulcer/ Colitis		
			Hernia		

14.If your family has a history of any of the above please list:

15. List any other information regarding your medical history not detailed above:

16. Have you fallen in the past 2 years? If so, how many times and approximately when did the fall(s) occur?

Pelvic Symptom Questionnaire

Bladder/ Bowel Habits/ Problems

Y/N Trouble initiating urine stream

Y/N Urinary Intermittent/ slow stream

Y/N Trouble emptying bladder

Y/N Difficulty stopping the urine stream

Y/N Straining or pushing to empty bladder

Y/N Dribbling after urination

Y/N Constant urine leakage

Y/N Blood in urine

Other/describe _____

Y/N Painful urination

Y/N Trouble feeling bladder urge/fullness

Y/N Current Laxative use

Y/N Trouble feeling bowl/urge/fullness

Y/N Constipation/straining

Y/N Trouble holding back gas/ feces

Y/N Recurrent bladder infections

1. Frequency of urination: awake hour's ____ times per day, sleep hours ____ times per night
2. When you have a normal urge to urinate, how long can you delay before you have to go to the toilet? ____ minutes, ____ hours, ____ not at all.
3. The usual amount of urine passed is: ____ small, ____ medium, ____ large.
4. Frequency of bowel movements ____ times per day, ____ times per week, Or ____.
5. When you have an urge to have a bowel movement, how long can you delay before you have to go to the toilet? ____ minutes, ____ hours, ____ not at all.
6. If constipation is present describe management techniques

7. Average fluid intake (one glass is 8 oz or one cup) _____ glasses per day. Of this total how many glasses are caffeinated? _____ glasses per day.
8. Rate a feeling of organ "falling out" / prolapse or pelvic heaviness/ pressure:
____ None present
____ Times per month (specify if related to activity or your period)
____ With standing for ____ minutes or ____ hours.
____ With exertion or straining
____ Other

Skip questions if no leakage/incontinence

- | | |
|---|-------------------------------------|
| 9. Bladder leakage – number of episodes | Bowel leakage – number of episodes |
| ____ No leakage | ____ No leakage |
| ____ Times per day | ____ Times per day |
| ____ Times per week | ____ Times per week |
| ____ Times per month | ____ Times per month |
| ____ Only with physical exertion/cough | ____ Only with exertion/strong urge |
10. On average, how much urine do you leak?
____ No leakage
____ Just a few drops
____ Wets underwear
____ Wets outerwear
____ Wets the floor
 11. What form of protection do you wear? (Please complete only one)
____ None
____ Minimal protection (Tissue paper/paper towel/pantishields)
____ Moderate protection (absorbent product, maxipad)
____ Maximum protection (Specialty product/diaper)
____ Other _____
- | |
|--------------------------------|
| How much stool do you lose? |
| ____ No leakage |
| ____ Stool staining |
| ____ Small amount in underwear |
| ____ Complete emptying |

On average, how many pads/protection changes are required in 24 hours? _____ # of pads

**I certify that the information I have provided is complete and true to the best of my knowledge.

I understand that I am financially responsible for all charges at the time services are rendered. I further understand that *ABove Physical Therapy*, LLC will provide me with the appropriate documentation to seek re-imburement from my insurance provider. I acknowledge that *ABove Physical Therapy* is not responsible for the re-imburement of these services.

I have read the foregoing and I understand it. Any questions that have arisen or occurred to me have been answered to my satisfaction.

_____ Patient or Patient Representative Signature

_____ Witness

_____ Date

_____ Date