



Patient Registration

(Please complete all pages. Thank you.)

PATIENT INFORMATION

| | | | |
|--|-----------------------|------------------------|-----------------------------|
| PATIENT NAME (Last, First, Middle Initial) | | EMAIL ADDRESS | |
| ADDRESS | | SOCIAL SECURITY NUMBER | DATE OF BIRTH |
| CITY | STATE ZIP | | |
| HOME TELEPHONE NUMBER | CELL TELEPHONE NUMBER | WORK PHONE NUMBER | MALE FEMALE (circle one) |
| FAMILY PHYSICIAN | MARTIAL STATUS | OCCUPATION/EMPLOYER | |

Would you like to join our email list to receive news, updates and specials? Yes/No

How did you hear about us? Check one. Doctor Advertisement
 Friend/Relative (who?) Other

WHO IS FINANCIALLY RESPONSIBLE FOR TREATMENT?

Myself My Spouse My Parent(s)

INSURANCE INFORMATION

| | |
|----------------------------|------------------------------|
| Primary Insurance Company: | Secondary Insurance Company: |
|----------------------------|------------------------------|

Please give your insurance card/cards to the receptionist so they can make a copy for your record.

POLICY HOLDER'S INFORMATION (If NOT the patient)

| | | |
|-----------------------------------|-------------------------|--|
| NAME | RELATIONSHIP TO PATIENT | EMPLOYER |
| ADDRESS (if different from above) | | DATE OF BIRTH |
| CITY | STATE ZIP | HOME TELEPHONE (if different from above) |

EMERGENCY CONTACT

| | |
|------------------------------------|----------------------------|
| NAME (Last, First, Middle Initial) | RELATIONSHIP TO PATIENT |
| ADDRESS | CITY STATE ZIP TELEPHONE # |

Patient History

1. Describe the current problem that brought you here?

2. When did your problem first begin? ___ months ago or ___ years ago.

3. Was your first episode of the problem related to a specific incident? Yes/No
Please describe and specify date

4. Since that time is it: staying the ___ same ___ getting worse ___ getting better. Why or How?

5. If pain is present rate pain on a 0-10 scale, 10 being the worst. ___ Describe the nature of the pain (i.e. constant burning, intermittent ache) _____

6. Describe previous treatment/exercises

7. Activities/events that cause or aggravate your symptoms. Check/circle all that apply.

- | | |
|--|---|
| <input type="checkbox"/> Sitting greater than ___ minutes | <input type="checkbox"/> With cough/sneezes/straining |
| <input type="checkbox"/> Walking greater than ___ minutes | <input type="checkbox"/> With laughing/yelling |
| <input type="checkbox"/> Standing greater than ___ minutes | <input type="checkbox"/> With lifting/bending |
| <input type="checkbox"/> Changing positions (i.e. – sit to stand) | <input type="checkbox"/> With cold weather |
| <input type="checkbox"/> Light activity (light housework) | <input type="checkbox"/> With triggers –running water/key in door |
| <input type="checkbox"/> Vigorous activity/exercise (run/weight lift/jump) | <input type="checkbox"/> With nervousness/anxiety |
| <input type="checkbox"/> Sexual activity | <input type="checkbox"/> No activity affects the problem |
| <input type="checkbox"/> Other, please list _____ | |

8. What relieves your symptoms?

9. How has your lifestyle/quality of life been altered/changed because of this problem?

Social activities (exclude physical activities), specify _____

Diet/Fluid intake, specify _____

Physical activity, specify _____

Work, specify _____

Other _____

10. What are your treatment goals/concerns?

11. **Since the onset of your current symptoms have you had:**

Y/N Fever/Chills

Y/N Unexplained muscle weakness

Y/N Unexplained weight change

Y/N Night pain/sweats

Y/N Dizziness or fainting

Y/N Numbness/ Tingling

Y/N Change in bowel or bladder functions

Other/describe _____

Y/N Malaise (unexplained tiredness)

12. Bladder/Bowel Habits/Problems

Y/N Trouble initiating urine stream

Y/N Urinary intermittent/slow stream

Y/N Trouble emptying bladder
 Y/N Difficulty stopping urine stream
 Y/N Trouble emptying bladder completely

Y/N Straining or pushing to empty bladder
 Y/N Dribbling after urination
 Y/N Constant urine leakage

13. Do you have or have you had any of the following?

| | Now | Past | | Now | Past |
|---------------------------------------|-----|------|----------------------------------|-----|------|
| Dizziness/ Vertigo | | | Diabetes | | |
| Stroke | | | Arthritis | | |
| Severe headaches | | | Osteoporosis | | |
| Blurred Vision | | | | | |
| Double Vision | | | High blood pressure | | |
| Ringing in your ears | | | Shortness of breath | | |
| Nausea | | | Asthma | | |
| Epilepsy | | | Chronic Bronchitis | | |
| Multiple Sclerosis | | | | | |
| | | | Irregular heartbeat | | |
| | | | Chest Pain | | |
| Depression | | | Heart disease | | |
| Chemical Dependency | | | Heart Attack | | |
| Fever | | | Pacemaker | | |
| Confusion | | | Congestive Heart Failure | | |
| Pain in Calves | | | Peripheral Vascular Disease | | |
| Muscle Pain | | | Thrombophlebitis | | |
| Fatigue | | | Anemia | | |
| Skin Disorder | | | Hemophilia | | |
| | | | | | |
| Smoker How many Packs a day? _____ | | | Cancer Please list type _____ | | |
| | | | Thyroid problems | | |
| Tuberculosis | | | Kidney/ Bladder Problems | | |
| Hepatitis C | | | Liver Problems | | |
| Acquired Immune Deficiency/ HIV | | | Abdominal pain/discomfort | | |
| Hepatitis B | | | Ulcer/ Colitis | | |
| | | | Hernia | | |

14.If your family has a history of any of the above please list:

15. List any other information regarding your medical history not detailed above:

16. Have you fallen in the past 2 years? If so, how many times and approximately when did the fall(s) occur?

Pelvic Symptom Questionnaire

Bladder/ Bowel Habits/ Problems

Y/N Trouble initiating urine stream

Y/N Urinary Intermittent/ slow stream

Y/N Trouble emptying bladder

Y/N Difficulty stopping the urine stream

Y/N Straining or pushing to empty bladder

Y/N Dribbling after urination

Y/N Constant urine leakage

Y/N Blood in urine

Other/describe _____

Y/N Painful urination

Y/N Trouble feeling bladder urge/fullness

Y/N Current Laxative use

Y/N Trouble feeling bowl/urge/fullness

Y/N Constipation/straining

Y/N Trouble holding back gas/ feces

Y/N Recurrent bladder infections

1. Frequency of urination: awake hour's ____ times per day, sleep hours ____ times per night
2. When you have a normal urge to urinate, how long can you delay before you have to go to the toilet? ____ minutes, ____ hours, ____ not at all.
3. The usual amount of urine passed is: ____ small, ____ medium, ____ large.
4. Frequency of bowel movements ____ times per day, ____ times per week, Or ____.
5. When you have an urge to have a bowel movement, how long can you delay before you have to go to the toilet? ____ minutes, ____ hours, ____ not at all.
6. If constipation is present describe management techniques

7. Average fluid intake (one glass is 8 oz or one cup) _____ glasses per day. Of this total how many glasses are caffeinated? _____ glasses per day.
8. Rate a feeling of organ "falling out" / prolapse or pelvic heaviness/ pressure:
____ None present
____ Times per month (specify if related to activity or your period)
____ With standing for ____ minutes or ____ hours.
____ With exertion or straining
____ Other

Skip questions if no leakage/incontinence

- | | |
|---|-------------------------------------|
| 9. Bladder leakage – number of episodes | Bowel leakage – number of episodes |
| ____ No leakage | ____ No leakage |
| ____ Times per day | ____ Times per day |
| ____ Times per week | ____ Times per week |
| ____ Times per month | ____ Times per month |
| ____ Only with physical exertion/cough | ____ Only with exertion/strong urge |
10. On average, how much urine do you leak?
____ No leakage
____ Just a few drops
____ Wets underwear
____ Wets outerwear
____ Wets the floor
 11. What form of protection do you wear? (Please complete only one)
____ None
____ Minimal protection (Tissue paper/paper towel/pantishields)
____ Moderate protection (absorbent product, maxipad)
____ Maximum protection (Specialty product/diaper)
____ Other _____
- | |
|--------------------------------|
| How much stool do you lose? |
| ____ No leakage |
| ____ Stool staining |
| ____ Small amount in underwear |
| ____ Complete emptying |

On average, how many pads/protection changes are required in 24 hours? _____ # of pads

**I certify that the information I have provided is complete and true to the best of my knowledge.

I understand that I am financially responsible for all charges at the time services are rendered. I further understand that *ABove Physical Therapy*, LLC will provide me with the appropriate documentation to seek re-imburement from my insurance provider. I acknowledge that *ABove Physical Therapy* is not responsible for the re-imburement of these services.

I have read the foregoing and I understand it. Any questions that have arisen or occurred to me have been answered to my satisfaction.

_____ Patient or Patient Representative Signature

_____ Witness

_____ Date

_____ Date